

Lighting the lamp at the sports meet

Pic. by M. A. Pushpa Kumara

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COMPETITIONS







Shahzad Ghaney 6 years on April 7



Mishenka Bandara 10 years on March 28

along with a letter from a parent giving full details.







Welcoming Grade 1 students for the new school year



Little Angels AMI Montessori, Nugegoda held their annual sports meet recently.

Pix by M. A. Pushpa Kumara



Avurudu Cover 2023

As the Sinhala and Tamil New Year approaches, it is time once again to think of the Funday Times *Avurudu* Cover. Would you like to send in a picture for our *Avurudu* Cover? If so, here's what you have to do. Paint a picture to depict the traditions of the Sinhala and Tamil New Year and send it to us by April 3, 2023.



The painting should be on A4 size paper. You could use any type of paint, crayons or chalk. Please make your picture bright and colourful.

All entries must include your full details and should be certified by a teacher or parent as your own work. Uncertified entries will not be entertained.

Closing Date: April 3, 2023 The best entry will be used for the cover of the Funday Times Avurudu issue. The winner will also receive a book voucher.

Wish you all happy painting!



4 | COMPETITIONS





Tomahawk



questions given. Write the answers neatly on a postcard, Cut the strip 'Tomahawk Quiz No. 206' seen at the top of this page and paste it on your postcard. Please get your entries certified as your own work by a teacher or parent.

One lucky winner will receive a brand new Tomahawk Mountain Bike with the compliments of Tomahawk Bicycle Mall

All Funday Times readers between 8 – 15 years are eligible to participate. (Those who have already won a bicycle are not eligible to participate.)

Closing Date: April 30, 2023

Tomahawk Quiz No. 205 WINNER

• AbdurRahman Irshad, Wellampitiya



QUESTIONS - QUIZ NO. 206

- 1. Mention three important facts about Kruger National Park.
- 2. Who was Junko Tabei and what was she best known for?
- 3. Name three uses of water for the human body.
- 4. When is the International Day of Forests celebrated and what is the theme for 2023?
- 5. Which film was named Best Picture at the Academy Awards 2023 (Oscars 2023), and who was the First Asian Best Actress to win the award?



Spot 7 differences between the two pictures.

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4 – 6 AGE GROUP

APRIL 2, 2023

Shazad Ghaney, Colombo 2 > Asma Jiffry, Wellawatte





ORALL

HEALTH |5

World Health Day 2023

Compiled by Cecilia Hewavitharana

In 1948, a group of nations united to create an international organisation to promote health globally: the World Health Organization (WHO).



This year marks its 75th anniversary. That day, April 7, is also observed annually as

World Health Day, in order to raise awareness of issues surrounding global health.

Access to health services without

encountering financial trouble is a basic human right, but 30% of the global population does not have access to essential health services and nearly 2 billion people face detrimental health expenses.

The WHO's "Universal Health Coverage (UHC)" goal aims to resolve these problems and covers a range of essential health services from health promotion to prevention, treatment, rehabilitation and palliative care (care for the terminally ill) throughout the course of life.

Key statistics

- 74% of deaths globally are caused by non-communicable diseases (NCDs), also known as chronic diseases.
- The 4 main NCDs (cardiovascular diseases, cancers, chronic respiratory diseases and diabetes) account for 80% of all premature (before the age of 70) NCD deaths.
- 77% of all NCD deaths are in low and middle-income countries.

References: who.int, data.worldbank.org

An old public health campaign in a WHO region.

www.cdc.gov/mrsa

CDC

Mobile bealth camps in remote areas of Sri Lanka

There is a little-known issue faced by many people in the country, specifically people who are differently-able due to having lost a limb: they are unable to afford a prosthetic.

One organisation, however, noticed this: the Colombo Friend-in-Need Society (CFINS). The charitable organisation (which is the oldest in the country) has made it its mission to provide prosthetic limbs free-of-charge to those in need.

But they didn't stop there. They noticed that people had another hurdle in front of them: some could not afford to travel to Colombo to get their limbs fitted. So, the idea of a mobile health camp was born.





Pix by Cecilia Hewavitharana

A bus equipped with the necessary tools for making prosthetic limbs began travelling to remote areas of the country. It also offered a variety of other health services such as the testing of blood pressure, diabetes, hearing and vision (as well as providing reading glasses

free-of-charge). Such tests are important for the detection and prevention of diseases, some of which can result in amputation (e.g., diabetes).

Two weeks ago, a mobile health camp was held in Embilipitiya, at the Sri Bodhiraja Temple and was attended by over 700 people. Other recent locations included Eppawala, Kebethigollawa and Dambulla.



If you are interested in organising a mobile health camp in an area, you can find the necessary resources on their website, www.cfins.org, or call 011 242 1651.

6 | FUN STUFF





Marbled Easter Eggs

All the ingredients you need for these gorgeous DIY marbled Easter eggs are already in your kitchen pantry!

Dip hard-boiled eggs in a mixture of water, vinegar and food colouring to dye them a solid colour, then dip the eggs again in a mixture of water, food colouring and vegetable oil. The friction of the water and oil creates a pretty marbled effect that's so easy to achieve.



😂 Paper Cup Bunnies

There will be bunnies hopping all over the Easter brunch table with this clever craft Sheets of colourful cardstock form the base of the bunny face around plain paper party cups, with tiny pink noses as the cutest finishing touch.



Better Homes & Gardens



Awards Ceremony of Queen's Commonwealth Essay Competition for Gold Finalists, Gold and Silver Award Winners was held at British Council in partnership with the Royal Commonwealth Society Sri Lanka on Commonwealth Day March 13. Award winners shared their experiences which clearly demonstrated the enthusiasm and interest in creative writing in Sri Lanka.





Cartoon Time!

Hey Kids! We plan to put in more cartoons in the Funday Times and what's more they will be your own cartoons.



So, here's a chance for you to try your hand at producing your very own original carboons.

Draw a little cartoon with a caption. It could even be a small cartoon story in a strip (not more than three boxes).

The best cartoons you send will be published in the Funday Times. So good luck to all you cartoon fans!

Please remember that the cartoons you send in should be your original work and not copied or traced from anything. They should be certified as your own work by a parent or teacher.



Gupshup Goes to Prison by Arefa Tebsin

"Khalid's cat Gupshup has run away to the grounds of a prison. An open prison, it is called, but everyone knows that prisons are full of horrible people. Or are they? How on earth will Khalid get Gupshup home?"

Usually, a prison is a place where criminals are locked up.

This story is about an open prison where prisoners are not locked but free to move in and out.



Competition

Win a copy of 'Gupshup Goes to Prison'. Write your own short story about your pet or an animal you like. Age group: 7 – 10 years Word count: Maximum of 300 words

Please include the following details:

Full Name (including Surname), Date of Birth, Address, Telephone No. and School.

All competition entries should be certified as your own work.

EUNER Or Et fundaytimes1@gmail.com





March 28

World's first 3D-printed rocket launches but fails to reach orbit

Relativity Space has launched what they describe as the world's first 3D printed rocket.

85% of the 33 metre tall rocket – called Terran 1 – was created using the world's largest 3D printer.

It lifted off for the first time in Florida on March 22 but failed to get high enough to be able to circle the earth, which is called orbiting.

It's still a massive milestone for the technology though because it proved this method of construction was durable enough to survive blast off.

Its lower segment, or first stage, burned for just over two-and-a-half minutes.

The second stage should then have taken over to complete the journey to orbit but, after a few flickers, it died.

The upper part of the rocket would have come down in the Atlantic Ocean.

Terran 1 is a prototype for a much larger rocket the company would like to create called Terran R which will be used for satellite launches in the future.

The company said its eventual goal was to have more than 95% of the rocket 3D printed.

3D printing is when a physical object is created from a computer model usually printing lots of layers of a material on top of each other.

The technique has never been used to make something as big as this and Relativity Space had to make some really big printers to be able to do it.

Although the full mission had a few hiccups, it's quite common for a first



flight like this to experience some problems.

Scientists will be now be looking back at the data produced during the launch to see where it went wrong and fix it for future launches.

Relativity Space says the launch is still a big achievement because it shows the 3D printed model can withstand blast off.



This is what the 3D printing process looks like.



Relativity said its 3D-printed rocket can be built from raw materials in just 60 days!

Humza Yousaf, appointed Scotland's first minister

Humza Yousaf is Scotland's new first minister after a vote in the Scottish Parliament.

Mr. Yousaf was voted in as leader of Scotland's largest political party the Scottish National Party (SNP) on Monday, replacing former leader, Nicola Sturgeon.

After his leadership victory, Humza Yousaf didn't automatically become First Minister, instead he was appointed to the role after a vote by Members of the Scottish Parliament (MSPs).

The First Minister is an important job because whoever has that role is in charge of Scotland's government. Humza Yousaf is the youngest First Minister at 37, the first from an ethnic minority background and the first Muslim to lead a major UK political party. He also becomes Scotland's sixth First Minister – now that he

has taken over from Nicola Sturgeon. Scotland has had a devolved government since 1999, when some



powers were transferred over to Scotland to make some of its own decisions, separate to those made by the UK government.

Source: CBBC Newsround

8 | KDS? NEWS





March 28

News in Pictures



Zurich, Switzerland

The skeleton of a 11.6-metre long, 67 million-year-old Tyrannosaurus Rex named TRX-293 Trinity is installed at the Tonhalle concert hall for viewing ahead of its sale at an auction house next month.



Haian, China

Students sit in front of their easels as they draw pictures of rapeseed fields in eastern Jiangsu province.



Dhaka, Bangladesh

Vehicles stuck in a traffic jam as reports show over the last 10 years that the average traffic speed has dropped from 13 mph to 4 mph, only slightly above the average walking speed



Manisa, Turkey Miners at a lignite coal production centre break fast during the Muslim holy month of Ramadan. About 500 miners returned to the site after participating in search and rescue operations after the February earthquakes.

Source : The Guardian



Edinburgh, Scotland The outgoing first minister of Scotland, Nicola Sturgeon, signs her official resignation letter to King Charles III in the Drawing Room at Bute House.

Kyiv, Ukraine

Members of the Berehynia Kyiv Academic Theatre of Ukrainian Folklore perform their Vidrodzennia (Renaissance) concert during an award ceremony.

St. Petersburg, Russia

The floating restaurant Silver Whale, which partially sank as a result of ice drift on the Neva River. Rescuers secured it with ropes so that the restaurant was not swept away.





Bandung, Indonesia A scavenger collects plastics in the Citarum river in West Java.





Masaya, Nicaragua Dogs play during a mass in honour of Saint Lazarus, considered the saint of dogs, at Magdalena church in the Indigenous community of Monimbo.