## PLOYMENTTIM

Sunday February 13, 2011

MAKING

OPPORTUNITIES

KNOCK

ON

was at a hotel counter when a gentleman walked in hurriedly and asked for the manager. The manager came out of his room and the gentleman said, "I requested a wake-up call for this morning but nobody called me! Now I am late zled, "Have I said not to disturb me? calls in hotels to make sure That doesn't make any sense. I they catch their flights on think you are trying to cover up time. Children, whether your mistake. If I miss my appoint- they like it or not, are ment I am going to hold you respon- woken up by their parents, sible". The gentleman walked out, with soft pats and shakes, to but his anger has evaporated and it go to school.

#### was replaced by confusion. Time to Wake-up

used by many to shift their con-respond to it! sciousness from one state to another at a set time. As adults we set the wake-up calls recently?

### dk-upyour Wake-up

for my appointment. I want you to alarm of our bedside clock to wake take the responsibility for this mis- up on time in the morning. The erally state-changing (from inac- Mentioned below are some of the sequences and these rules apply to take". The manager excused him-sound of your alarm can vary from tion to action - from sleep to awareself, went inside to speak to his staff a highly abrasive startling sound to and came back - he said "sir, I was a softer tune of your favorite piece told that there were two wake-up of music or the voice of a DJ in a calls made to your room but you morning radio show. Nowadays we didn't respond to either of them. can even choose the alarm to ring When rung for the third time, you several times, thanks to the invenhave asked him not to disturb you". tion of the snooze-alarm! Travelers

Regardless of the nature of it, a wake-up call is use-Wake-up call is a practical tool less unless you choose to

Have you received any

ness), the most powerful wake-up calls are life-changing!

resounding signal about a change eating habits, lack of exercise and that is necessary in your life. Often work-life imbalance you get this type of wake-up calls when crisis or challenging situa- a gentle professional alarm that The gentleman was genuinely puz- organize automated or live wake-up tions in your personal or profes- alert you to the fact that poor work

Although wake-up calls are gen- sional lives are forming shape. performance leads to negative contypes of real-life wake-up calls people may get.

■ A mild heart attack is the life's A life-changing wake-up call is a way of alerting you to your poor about the need to take drunk-driv-

■ Layoff of a work colleague is

you as well

■ Surviving a minor car accident is an abrasive alarm going off ing seriously and to change the negative drinking and driving habits before the damages are irreversible

Contd. on page 4



### Vacancies @

The largest exclusive ladies fashion stores in Colombo invite you for the following positions

#### **FASHION DESIGNER**

Should have excellent creativity & designing skills and must be familiar with current fashion trends. Imagination to play with colors, Beads, Laces & Threads is

The selected candidate would have the opportunity to design for leisure, sports, formal & evening wear. Experience and professional qualification would be advantageous but not essential.

#### **VISUAL MERCHANDISER**

Should be an expert in window displays and creating visual images for mannequins. Must be familiar with international fashion trends.

#### **FIT MODEL**

Should fit in to Srilankan "S" size (32" - 26" - 34") Height 5'4". Part time work could be considered

Please forward your CV within 07 days to

MONDY 78, Dharmapala Mawatha, Colombo 03 Fax: 2372620. Email: mondy7878@yahoo.com ( Please mention the post applied in Subject Row)

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**Anesthetist Technician, ECHO/TMT Technician** 

**MANAGERS / EXECUTIVES** 

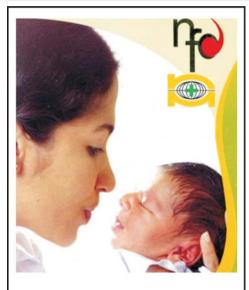
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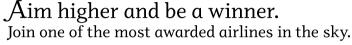
#### **Medical Officers**

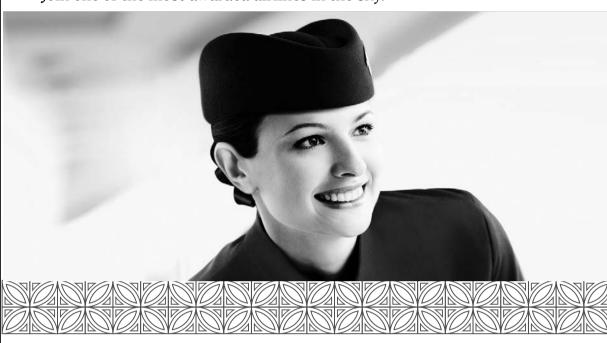
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Minimum age of 23 years

Minimum arm reach of 212 cms on tip toes

Minimum high school education with fluency in written and spoken English required

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#### COLOMBO - (CV Submission Only)

Venue: TAJ SAMUDRA - 25, Galle Face Centre Road, Colombo 3, Sri Lanka.

Date: 19th February 2011 Time: 0900 - 1200 hours only

Please bring your CV in English personally along with full length and passport size photographs. Shortlisted candidates will be required to attend further processes over the next two days.

The above position will be based in Doha, State of Qatar.

For further information, please visit www.gatarairways.com

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Candidates may also walk in with prior appointment.

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