

Use eye contact appropriately

Pav attention to your grammar

Summarize and Stop

detail, and prepared a

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own situation.'

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"What if" analysis for our

situation.

Use the level of formality that is appropriate to the

Wrap up your response with a quick summary

statement. After that, resist adding more information.

There may well be silence after your summary. Don't

make the common mistake of filling the silence with

more information! This is the time when other people

are adsorbing the information you have given. If you

persist with more information, you may end up caus-

Use words to indicate you are summarizing (i.e. "in

conclusion," "finally") or briefly restate the question

and your answer. So - what did I do to analyze cus-

ing confusion and undoing the great work you've

already done in delivering your response.

Staying cool and confident ...

Contd. from p4

Ask for a definition. Jargon and specific terminology may present a problem for you. Ask to have words and ideas clarified to ensure you are talking about the same thing.

Use Silence to your Advantage

We are conditioned to believe that silence is uncomfortable. However, if you use it sparingly, it communicates that you are in control of your thoughts and confident in your ability to answer expertly. When you rush to answer you also typically rush your words. Pausing to collect your thoughts tells your brain to slow everything down.

Stick to One Point and One Supporting Piece of Information

There's a high risk that, under pressure, you'll answer a question with either too much or too little information. If you give too short an answer, you risk letting the conversation slip into interrogation mode. (You'll get another question, and the questioner will be firmly in control of how the dialogue unfolds). When your reply is too long, you risk losing people's interest, coming across as boring, or giving away things that are better left unsaid. Remember, you aren't being asked to give a speech on the subject. The guestioner wants to know something. Respect that and give them an answer, with just enough supporting information.

This technique gives you focus. Rather than trying to tie together all the ideas that are running through

your head, when you pick one main point and one supporting fact, you allow yourself to answer accurately and assuredly. Tip:

If you don't knonow the answer, say so. There is no point trying to make something up. You will end up looking foolish and this will lower your confidence when you need to think on your feet in the future. There is (usually) nothing wrong with not knowing something. Simply make sure you follow up as soon as

possible afterwards with a researched answer. Prepare some "what

ifs"

With a bit of forethought, it's often possible to predict the types of questions you might be asked, so vou can prepare and rehearse some answers to questions that might come your way. Let's say you are presenting the monthly sales figures to your management team. The chances are your report will cover most of the obvious questions that the management team might have, but what other questions might you predict? What's different about this month? What new questions might be asked? How would you respond? What additional information might you need to have to hand to support more detailed questions?

In particular, spend some time brainstorming the most difficult questions that people might ask, and preparing and rehearsing good answers to them. Practice Clear Delivery

How you say something is almost as important as what you say. If you mumble or use "umm" or "ah" between every second word, confidence in what you are saying plummets. Whenever you are speaking with people, make a point to practice these key oration skills: Speak in a strong voice. (Don't confuse strong with

loud!) Use pauses strategically to emphasize a point or slow yourself down

Vary your tone and pay attention to how your message will be perceived given the intona-

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We are an established organization dealing with top world class brands located in Colombo 07. We are looking for the right candidate who will handle all the Graphic designing for the company Profiles and brochures

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\rightarrow Negotiation of claims.

Experience:

Must have 10 years construction knowledge to be able to handle sub-contractors, claims, extension of time etc. Middle East experience is preferable. Should have good understanding of various forms of contract i.e. FIDIC and / JCT. Experience in off shore oil and gas project is advantageous.

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You are an authoritative and knowledgeable person with a head for Product Design and Development, able to electrify and inspire a team of talented designers. You are thoroughly conversant with fashion design and the latest trends of high street brands.

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You have an aptitude for fashion design and are up with the latest international fashion trends. You are a wizard with Photoshop and Illustrator with 2-3 years of prior design experience.

If you think you cut it, send your CV's with the names of two non-related referees within seven days of this advertisement to HR manager Group Division, 78/B Polgasovita Road, Mattegoda Sri Lanka or by email to ghorient@orientgl.com

OGL Orient Garment Limited

- \rightarrow To prepare documents as per contract requirement in order to complete pre-contract signing process.
- \rightarrow To prepare pre-construction schedule in order to complete sub-contract finalization.

Experience:

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- → Responsible for building the Direct cost estimate with Activity Allowance, either being the Target Cost Estimate or Cost Containment Estimate for the Execution phase and Engineering & Design.
- \rightarrow Responsible for the Norms Development & implementation.

Experience:

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Minimum 8 years experience in Cost Engineering in a major Engineering Consultant environment. Minimum 5 years of experience in the Oil & Gas industry. Preferable familiar with Petroleum Development Oman or Shell standards and guidelines. Fully conversant with International Design & Construction standards for the Oil & Gas industry.

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