### the **SUNDAY TIMES** PLOYMENT TIM MAKING **OPPORTUNITIES** KNOCK ON YOUR DOOR Sunday January 30, 2011



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## Working remotely alleviates more stress than it creates

Employees who spend most of their working week as telecommuters have greater job satisfaction than people who are primarily office workers, according to a study from the University of Wisconsin-Milwaukee (UWM).

Kathryn Fonner and Michael compared the advantages and disadvantages of the two work arrangements and found the main benefit of teleworking for at least three days a week to be decreased worklife conflict. While poor workplace communication is often cited as the biggest disadvantage of telework, respondents reported this as being of minimal importance and, although they exchanged information with others less frequently than office-based workers, they reported similar timely access to important work-related information.

According to Kathryn Fother the results of the study suggest multiple reasons why high job satisfaction and teleworking are linked. Specifically, remote working tends to shield employees from distracting and stressful aspects of the workplace, including office politics, interruptions, endless meetings and information overload.

"Our findings emphasize the advantages of restricted face-to-face interaction, and also highlight the need for organizations to identify and address the problematic and unsatisfying issues inherent in collocated work environments," said Fonner. "With lower stress and fewer distractions, employees can prevent work from seeping into their personal lives."

#### Kathryn Fonner added that, as well as introducing teleworking, organizations can consider a number of other strategies to increase job satisfaction including:

- Limiting meetings and mass emails
- Streamlining communication by creating an accessible repository of information
- Designating times and spaces for officework uninterrupted 'Creating a support ■ 'Creating a support- findings

Research from the University of Haifa found that employees with high levels of emotional intelligence are more dedicated and satisfied at work. The study surveyed 809 employees and managers in two public sector organisations and two private companies, examining the influence of emotional intelligence on factors such as organizational politics, work attitudes, formal and informal

behavior, feelings of justice, and burnout. The study found that

employees with high less aggressive forms of levels of emotional intelligence tended to rate the level of justice within their organiza- Meisler concluded: tions as higher than their Factors such leave or negligent is behavior were

ompanies responding to high profile failures tend to learn from the experience and ultimately prove more successful, according to research from the University of Colorado Denver Business organizations involved in space launches and exploration.

#### Co-author Vinit Desai, assistant professor of management, said:

"We found that the knowledge gained from success was often fleeting while knowledge from failure stuck solutions and when you around for years. But there is a tendency in organizations to ignore failure or try not to focus on it. Managers may fire people or turn over the entire workforce while they should be treating the failure as a learning 📢 opportunity."

**Importance of Work** Age Aae 40 Plus Under 40 Rewards 77% 60% Career is important 50% 56% Pay is important Benefits are important 64% 65% **Satisfaction with Work** Rewards Satisfied with career at present 50% 48% 53% 49% Satisfied with pay Satisfied with benefits 69% 65%

emotional intelligence and promotion deciperceived the sions. also impact of organizational politics as less severe and demonstrated better coping skills, using persuasion to influence supervisors. Researcher Dr. Galit

"This study has their peers. They tend- shown that employees ed to be more satisfied with a higher level of local public with their jobs and emotional intelligence sector workmore committed to are assets to their ers under age organizations. organization. I believe 40 as it will not be long before more on career burnout, intention to emotional intelligence (job incorporated in opportunities, less employee screening and training) than their prevalent. Employees training processes and older colleagues and

Satisfaction Job

Survey A 2008 survey by The Segal Company, a New York-based compensation, benefits and HR consultancy found that state and focused security,

were also more likely to opment and interesting actively look for work work assignments to elsewhere.

vice president of the ees.' Segal Company, said:

"The study found that the biggest driver of turnover for employees tion with career opportunities and job content. This suggests the importance of estabcating career path opportunities, work devel-

successfully recruit and Elliot Susseles, senior retain younger employ-Both age groups had

similar concerns about pay and benefits but, as has been traditional for under 40 is dissatisfac- government employees, pay remains less important than benefits for all workers, regardless of age. Nevertheless, satisfaction levels for pay and career were low for both age groups. Segal consider that these findings reflect the challenge of attracting and keeping new talent in state and local public service.

following The compares table under and over 40s in the public sector:

54% of under 40s said they would be actively looking for work elsewhere within the next year compared with 42% of the older group. hrmguide.com

52 per cent negotiated over job title, job descriptions, key reporting relationships, and mutual expectations with the boss. Outcomes of women who said they negotiated included:

> ■ 75 per cent reported they were significantly satisfied with their jobs, compared with 27 per cent who did not negotiate.

Women, networks ...

84 per cent said they negotiated with their

62 per cent negotiated for support for their agenda, and for a strategic introduction that made the case why they were right for the job.

superiors for additional financial or human

The survey found that of the businesswomen who reported taking on a new leadership

Contd. From Pg 2

resources.

role:

70 per cent said they were not likely to consider employment elsewhere, compared with 30 per cent who did not negotiate.

81 per cent said they were offered additional opportunities for leadership roles.

■ 86 per cent reported that their last performance review 'exceeded or far exceeded' their expectations.

Deborah Kolb said women should not think the choice is simply to accept or decline a challenging new assignment.

#### She commented:

■No job that's a challenge and a stretch is a perfect fit. Some aspects build on your strengths, others represent a steep learning curve. Ask vourself, What would it take to make me say yes to this offer? How can I make the job fit who I am, where I am?'

- Access your strengths and weaknesses, and negotiate for whatever you need in the way of job title, resources, a safety net, and senior level support for any difficult actions you may have to take. Dig deep to gather good intelligence and then enlist people to help. That's what successful women do.
- Women who don't negotiate, who just take the job offered to them, are creating problems for themselves down the road." Hrmguide.com

School published in the Academy of successful projects but acknowledged that Management Journal. The study focused on that the process may be different in other settings.

> Whenever you have a failure it causes a company to search for search for solutions it puts you as an executive in a different

Researchers compared responses to the flight of the space shuttle Atlantis in 2002 and the subsequent flight of the Columbia. A piece of insulation broke off during the first voyage, damaging a solid rocket booster but not impeding the mission or the overall program.



found there had been little response reflects the fact that Atlantis was dents and apply lessons learned rather than follow-up or investigation considered a success and the Columbia a fail- wait for major failures.

as one sector of the economy that has effectively learned safety lessons as a result of failures.

#### Vinit Desai said:

"Despite crowded skies, airlines are incredibly reliable. The number of failures is miniscule and past research has shown that older airlines, those with more experience in failure, have a lower number of accidents."

The researchers suggest that organiza-Researchers researchers suggest that the difference in tions should analyze less significant inci-

Failure is a learning opportunity

with higher levels of in employee assessment lishing and communi-

ive climate where emphasize employees can the advantages register conof restricted cerns without face-to-face interfear of retaliation action, and also Encouraging highlight the need employees to for organizations to disconnect identify and themselves address the probfrom work comlematic and unsatmunication when their day isfying issues is finished inherent in col-The study is located work reported in the environ-November 2010 issue ments Applied Communication Research

#### Previous Article - Who Telecommutes?

Rising gas prices have resulted in many professionals considering telecommuting as an economical work option, but spending too much time working from home can mean saying goodbye to the corner office.

Surveys developed in 2006 by OfficeTeam, a leading staffing service specializing in placement of administrative professionals, were conducted by an independent research firm and include responses from 100 senior executives in Canada and 150 in the USA.

They found 32 per cent of Canadian respondents and 43 per cent of US respondents said telecommuting is best suited for staff-level employees, compared with 28 per cent and 18 per cent respectively who felt telecommuting is most beneficial for managers. In addition, more than half of Canadian respondents and more than two-thirds of US respondents said senior executives at their firms rarely or never telecommute.

When asked, 'At which level do you think telecommuting programs are most beneficial?' participants responded:

When asked, 'Overall, how frequently do senior executives at your firm telecommute?' participants responded:

According to Diane Domeyer, executive director of OfficeTeam, it is often easier for staff-level employees to telecommute because their work can be performed autonomously. However, even those people who work from home need to spend time in the office.

Contd. on Pg 5

Vinit Desai and co-author Peter

mindset, a more open mindset

Madsen, assistant professor at crew. This prompted the suspension Brigham Young University School of of all shuttle flights and a major investiga-Management, found little evidence that tion that resulted in 29 recommended organizations learned significantly from changes to prevent future disasters. The

into the incident. ure. When the Columbia was Vinit Desai commented: ·launched another piece of insulation broke off, destroying

you search for solutions it puts you as an executive in a different mindset, a more open mindset."

#### Vinit Desai concluded:

The

13th Annual

HR Technology®

**Conference and Expo** 

that took place in

selected by Human

**Resource Executive** 

magazine as one of

its 2010 Top HR

**Products.** 

"The most significant implication of this "Whenever you have a failure it causes a study...is that organizational leaders should the shuttle and its seven-person company to search for solutions and when neither ignore failures nor stigmatise those involved with them. Rather leaders should treat failures as invaluable learning opportunities, encouraging the open sharing of

Researchers identify the airline industry information about them." -hrmguide.com

Integrating HR Technolog

systems (HRIS). HR management force trends to business trends. systems (HRMS), applicant HRMS solutions for medium and smaller businesses.

The 13th Annual HR Technology<sup>®</sup> Conference and Expo that took place in Chicago from September 29 to October 1 2010 saw a number of new and award-winning products on show. Among this year's developments is Aquire InSight, selected by Human Resource Executive magazine as one of its 2010 Top HR Products. Developed by workforce planning and analytics specialists Aquire, it is aimed to fill a void in the business analytics marketplace. It is claimed to improve HR planning decisions by delivering workforce analytics related to talent management initiatives and workforce trends directly to top managers. Aquire hosts a secure reporting engine enabling users to provide managers with access to workforceperformance metrics specific to their particular departments. The deal includes dedicated

HR Technology is a major access to a certified workforce users match business events lation of information. They growth market with increasingly analyst, who can hypothesis test with workforce trends on a timesophisticated HR information business drivers and link work- line.

Aquire InSight can integrate tracking software and other IT information from HRIS and talproducts become available. Web- ent management systems, prebased HRIS is fast becoming a senting disparate data in a combasic element of people manage- prehensive format directly to ment. Large corporations use decision makers when they need HRIS extensively and more and it. The Talent Pipeline shows the headcount or span of control more providers are addressing movement of talent throughout and dimensions including age, the potential of web-based the organization and can focus

> ager's staff develop- look at the overall headcount of ment results. Aquire InSight also lets ATASTEFORTHE

Meanwhile, HumanConcepts has launched Workforce Monitor<sup>™</sup> described as an intuitive, analytical dashboard that allows managers to analyze their organization based on measures such as organizational unit, gender, tenure, salary and ethnic on each individual man- origin. As an example, users can

> the organization and then analyze this by department to identify units which are out of alignment. The system can provide a visual representation of headcounts across

departments, by ethnic origin, by salary ranges, and a host of other dimensions. In a survey of 200 global enterprises and medium-sized

businesses, SumTotal® Systems conclude that integrating 'talent functions' within one

**BEST TALENT** software platform can eliminate the need for separate data silos and make crossfunctional reporting easier. This allows significant benefits as organizations can obtain more holistic views of workforce productivity and growth potential without time-consuming manual abstraction and col-

identified the top five HR benefits of integration as:

- Reduced voluntary turnover
- Higher workforce productivity
- Better workforce alignment to overall business strategy
- Improved internal talent mobility
- Faster on-boarding (time-to-productivitv)

SumTotal also looked at fifteen possible HR process integrations and concluded that the top five were:

winning products on show. Employee Development Among this year's develop-& Succession ments is Aquire InSight, Planning: Enable employee development planning for future roles Employee



- Performance Management: Enable learning and training activities as a key component of goal completion
- Reporting & Core HR: Enable a single, centralized reporting

repository across all HR functions

■ Performance Management & **Compensation Management:** Enable merit-based pay-forperformance

Christopher Faust, vice president of global marketing

SumTotal Systems, said: "Seamlessly linking processes and technologies to facilitate **Chicago from September** real-time 29 to October 1 2010 saw a business intelligence number of new and awardfor improved decision making is a critical priority for HR leaders today. More and global more enterprises are experiencing firsthand the business benefits

that a single, complete talent platform can deliver. Our research continues to validate the top strategies that drive tangible business value which help organizations to accelerate their growth, retain their top performers, and improve overall workforce productivity."