Staying cool and confident under pressure

"So, Susan, your report indicates you support forging ahead with the expansion but have you considered the impact this will have on our customers? Surely you remember the flasco in Dallas last year when they tried the same type of project?"

Yikes! If you're Susan, you're likely feeling under pressure! You have to answer the question and allay the CEO's concerns about the disruption to customers. What do you do? What do you say? How do you say! How do you say! How do you say! What if you can't think of anything to say?

This is not an uncommon situation Whether you are put on the spot while attending a meeting, presenting a proposal, selling entation, articulating your thoughts in unanticipated situations is a skill. Thinking on your feet is highly covered skill and when you master it, your clever and astute responses will instill immediate onfidence in what you are saying.

When you can't translate your thoughts and retains, and reparation, and so stay will instill immediate onfidence in what you are saying.

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When you can translate your thoughts and ideas into coherent speech quickly, you ensure your ideas are heard. You also come across as being confident, persuasive, and

trustworthy.

Confidence is key when learning to think on your feet. When you present information, give an opinion or provide suggestions, make

and tactics:

1. Relax

This is often the opposite of how you are feeling when you're under pressure, but in order for your voice to remain calm and for your brain to "think", you have to be as relaxed as possible.

Take deep breaths

Take a second and give yourself a positive and affirming message Clench invisible museles (thinks highers feet) for a few seconds and

cles (thighs, biceps, feet) for a few seconds and

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It comes as no surprise that listening is critical to thinking on your feet. Why do you need to listen? To make sure you fully understand the question or request before you reply. If you answer too soon, you risk going into a

you answer too soon, you risk going into a line of thinking that is unnecessary or inappropriate. To help you with your listening remember to:

Look directly at the questioner Observe body language as well as what is being spoken Try to interpret what is being suggested by the question or request. Is this an attack, a legitimate request for more information, or a test? Why is this person asking this and what is the intention? is the intention?

is the intention?
Tip: Remember that the person is asking a question because he or she is interested.

Sometican Partnership and a interestional?, a 5 wiss and some is negative and some is negative - they want to know more-and some is negative - they want to know more-and some is negative - they want to know more-and some is negative. squirm. Either way they are interested in what you have to say. It's your privilege and pleasure not to disappoint them!

3. Have the Question Repeated If you're feeling particularly under pressure, ask for the question to be

question to be repeated. This gives you a bit more time to think about your

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Chauffeur Guides

for Diethelm Travel Sri Lanka

Hemas Holdings PLC is a leading public quoted conglomerate in Sri Lanka with interests in FMCG, Healthcare, Leisure, Transportation & Power Sectors, wl we have strong businesses and capabilities.

As Sri Lanka enjoys the dawning of peace, the tourism industry has As Sri Lanka enjoys the dawning of peace, the tourism industry has also seen tremendous growth potential with increasing numbers in tourist arrivals. Sri Lanka has always been an attractive destination for tourists and the travel & tourism industry has become a major contributor to the national economy by emerging as the 4th highest foreign exchange earner in Sri Lanka.

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Diethelm Travel Sri Lanka (formerly known as Hemtours), is a subsidiary company of the Hemas Group, and a member of the Diethelm Travel Group which is a leading Travel Group in the Region.

We are currently looking for experienced freelance Chauffeur Guides who own Cars (standard & luxury) & Micro Vans. Previous work experience in the industry would be an added advantage. A fluent communication skill in English is compulsory and knowledge of a foreign language (e.g. German, French, Italian, Greek, Dutch, Russian & Japanese) would be a definite advantage

All vehicles should be of a very good condition as they will be used for tourist movements and travel counter operations. Rates would be based on experience and the quality and type of vehicles.

All Chauffeur Guides will report to the Transport Division

Interested parties should contact the following numbers for vehicle inspections

Senior Manager Transport
Diethelm Travel Lanka (Pvt) Ltd
Level 6, Hemas House
No: 15, Braybrooke Place, Colombo 2.
EDITHELM Trail: primal-field, eithelmtravel.com

Email: primal.f@lk.diethel On line applications preferred on : www.topiobs.lk/hemas

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At KPMG, our purpose is to turn knowledge into value for the benefit of our clients, our people, and the capital markets. In Sri Lanka, as the most historical and one of the largest audit, tax and advisory firms, KPMG boasts a reputed and diversified client base.

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Tax Product Line Leader (ES03/10274-1)

The successful candidate should possess the following attributes and qualifications:

- · Professional qualification in Accountancy. A Law Degree and/or Economics Degree or such other similar qualification, may be a useful attribute;
- Reasonable work experience in the financial service sector and/or industry, domestic and international
- taxation, analysis of financial accounts and researching capabilities, would be of advantage;
 Results driven and proactive management style with an ability to lead and motivate staff and work under pressure with good business focus;
- Good communication skills and strategic planning ability

Tax - Senior Managers (ES03/10274-2)

The successful candidates should possess the following attributes and qualifications:

- Be members or passed finalists of a recognized professional body of Accountants and/or
- Attorneys-at-Law or possess a Bachelor's Degree in Law, Accountancy or a related discipline; Experience in tax advisory services and knowledge of local/international tax legislation; • Results driven, innovative and a strong "hands on management" style with an ability to lead and motivate
- Be an excellent communicator and be able to express his/her point of view in a balanced, clear and
- Be able to manage all business functions with the ability to make good business judgements and commercial decisions, on a daily basis

Applications, together with detailed Curricula Vitae and telephone/email contact details of two non-reated referees, quoting the Reference No. on both cover letter and envelope, or subject of the email, should be forwarded to reach the address below within ten working days of this advertisement:

> HR Manager KPMG Ford, Rhodes, Thornton & Co. 32A, Sir Mohamed Macan Markar Mawatha, Colombo 3 E-mail: frt@kpmg.com

> > Internet: www.lk.kpmg.com



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- Natings people in a constitutive way, to an interesting control with electrolagene Able to co-ordinate career development and succession planning Ensure that all in the department understand and follow Brand Standards Develop high employee morale and excellent teamwork

- Plan ahead, setting realistic targets and adjusting as situations change
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If you think this role is for you, please forward your curriculum vitae with the name of two non-releated referees to: STM- 398 P.O. Box 644

Colombo on or before 17th March, 2010.